Key

0 - (Open)	All are welcome.
ST – (Step)	Twelve Steps of NA.
T – (Tradition)	Twelve Traditions of NA.
SWG – (Step Working Guide)	Discussion of the Step Working Guide text.
S – (Speaker)	Speaker, then opened for participation by attendees.
K – (Keytag)	Keytags handed out celebrating lengths of clean time.
FD – (Five and Dime)	Discussion on the Fifth Step and Tenth Step
LC – (Living Clean)	Living Clean Book
IG – (Introductory Guide)	Introductory Guide to NA
HIV – (HIV)	Focused on the needs of HIV positive members.
JFT – (Just for Today)	Just For Today text.
BST – (Beginners Step (1,2,3))	Steps 1, 2, 3, typically reading them from the Basic Text.
DC – (Childcare)	Childcare is available
C - (Closed)	Closed to non-addicts.
ES – (Espanol)	Spanish.
M – (Men)	Meant to be attended by men only.
W - (Women)	Meant to be attended by women only.
GL – (Gay/Lesbian)	Focused on the needs of gay and lesbian members.
IP – (Informational Pamphlet)	Discussion of one or more Informational Pamphlets.
Pi – (Pitch)	Each person who shares picks the next person.
RF – (Rotating Format)	Format that changes for each meeting.
To – (Topic Discussion)	Discusses a chosen topic.
IW – (It Works: How and Why)	1
BT – (Basic Text)	Discussion of the Basic Text of Narcotics Anonymous.
CL – (Candlelight)	Meeting is held by candlelight.
CH - (Closed Holidays)	Facility is usually closed on holidays.
WC - (Wheelchair)	Wheelchair accessible.
YP – (Young People)	Focused on the needs of younger members of NA.

N.A. Meetings are usually 90 minutes long (an hour and a half), unless otherwise indicated.

Sunday		
ew Britain 9:00 AM (1 ho unday Morning Serenity (0,To,S) . Marks Episcopal Church, 147 West Main St beaker on the second Sunday of each month		New Ha Today W Awning (
laterbury Fresh Start (O,To,S,K) est Main Behavioral Health Center, 88 Grand	10:00 AM view Ave.	Guilford New Da First Con Route 77
Indsor Locks 10:00 A anity on Sunday (0,To,S) indsor Locks Senior Center, 41 Oak Street d Floor Speak every 2nd Sunday of the mont	M (1 hour)	Wolcot Young, S W.A.L.C. Rd.
ristol Irly Stepping (O,BST,S) Istol Recovery Club, 67 West St. are Fortance	10:30 AM	Bridger Open Ar Bethel A Corner of
i irfield acovery on Park Avenue (0,To,WC)	10:30 AM	Bristol Principle Bristol Ba
icred Heart University, 5151 Park Ave. iom HC 202 artford	10:30 AM	Hartfor Y Are W Trinity Ch
onesty in Reality (0,To,S,WC) rrtford Hospital Amphitheater, 560 Hudson Si rrner of Jefferson	t.	Merida Recover Hubbard
iddletown aw Freedom (0,To,WC,K) . Vincent Depaul Soup Kitchen, 615 Main St. st North of Washington St.	10:30 AM	Seasonal New Ha Serenity St. Berna
ew Haven 10:30 AM (1 hd o Excuses (0,To,WC,K) le Health Center, 55 Lock Street	our 15 min)	St. Berna Speaker

Sunday-continued

ounday continued	
And the second s	0:30 AM
illford w Day New Way (0,To,S,WC) st Congregational Church, 122 Broad St. ute 77	1:00 PM
olcott ung, Serene & Living Clean (0,To,S,WC,K,Y A.L.C. (Wolcott Activities and Learning Center)	
idgeport ten Arms (0,To,JFT,K) thel AME Church, 110 Grove St. rner of Laurel St.	6:00 PM
istol 6:00 PM (1 hour inciples Before Personalities (0,S,W,ST,K) stol Baptist Church, 43 School St.	r 15 min)
n rtford Are We Here (0,To,S,WC) nity Church, 120 Sigourney Street	6:00 PM
eridan 6:00 PM	(1 hour)
covery in the Park (0,To) bbard Park (Behind the bandshell), 999 West M asonal	1ain St.
ew Haven renity at Sundown1 (0,To) Bernadette's R.C. Church, 385 Townsend Ave. eaker on the last Sunday of each month	6:00 PM

Sunday-continued

6:00 PM (1 hour) New London Living Clean (O,LC) Lawrence and Memorial Hospital, 365 Montauk Ave. Second Floor Conference Room #2 7:00 PM Sunday Night Surrender (0,IP,S) ited Methodist Church. 99 Summer St. Corner of Church St. Middletown 7:00 PM (1 hour 15 min) Came To Believe (O,To,WC,K) Church of the Holy Trinity, 381 Main Street 2nd floor Naugatuck 7:00 PM When at the End of the Road (0,JFT,K) Hillside Covenant Church, 100 Hillside Ave. 7:00 PM (1 hour 15 min) New Britain Sunday Night Sanity (0,To,LC) YMCA, 50 High St. IP Discussion on the Last Sunday of each month 7:00 PM New Haven Hope to Grow (O.To.S) Trinity Lutheran Church, 234 Orange St. Corner of Wall St. 7:00 PM New Haven Serenity by the Sea (0,To) ort Hale Park, Fort Hale Park Ri Seasonal: Memorial Day - Labor Day Norwalk 7:00 PM Road to Recovery (O.BT.To) First Congregational Church, 3 Lewis St. Corner of Park St. 7:00 PM Old Lyme Great to be Straight (0,T,WC,ST) Roger's Lake Clubhouse, 75 Rogers Lake Trail Address is approximate Plainville 7:00 PM (1 hour) The Promise is Freedom (0.S.T) Plainville Congregational Church, 130 West Main Street Tradition Speaker on the last Sunday of each month 7:00 PM Stamford Courage to Change (C,BT,IW,JFT) Chester Addison Community Center, 245 Selleck St. 7:30 PM Bantam Miracles Happen (O,To) Bantam Borough Hall, 890 Bantam Rd. Fast Hartford 7:30 PM Clean Choice (0.S) New Covenant United Methodist Church, 16 Church St 7:30 PM Middletown Where We Are Going (0,WC,LC) St. Vincent Depaul Soup Kitchen, 615 Main St. Just North of Washington St. 7:30 PM Mystic Crystal Clean (0 S ST) St. Mark's Episcopal Church, 15 Pearl St. 7:30 PM (1 hour) Newtown Not At The Church (0,IP,WC,K) Newtown Congregational Church, 14 West Street Plainfield 7:30 PM Moose Tracks (0,CL,To) Moosup Methodist Church, 11 Main Street Corner of BT 12 & 14 7:30 PM South Windsor The Last Alternative (0,BST,To.S) Avery Street Christian Reformed Church, 661 Avery St. Wallingford 7:30 PM (1 hour) Touch of Life (C.JFT) The Dry Dock, 68 Quinnipiac St. 8:00 PM (1 hour) Canaan Exactly Where You Need To Be (S) St Joseph's Church, 2 E Main St.

Monday

10:00 AM (1 hour) Danielson Morning Serenity (0,LC) Westfield Congregational Church, 210 Main St. New London 10:00 AM (1 hour) NA in the Day (0.BST.To.JFT.RF.K) Huntington Street Baptist Church, 29 Washington Street 10:30 AM Middletown A New Awakening (O.LC) Holv Trinity Church, 381 Main St. New Britain 12:00 PM Genesis (0,To,T,ST,K) South Congregational Church - Hart Hall, 56 Arch St. Entrance thru courtvard in basement New Haven 12:00 PM (1 hour) Out of the Darkness (O,To,WC) Episcopal Church of St. Paul & St. James, 57 Olive St. Corner of Chapel St. Stamford 12:00 PM (1 hour) Serenity at Noon (0, JFT, WC) Inspirica, 141 Franklin St. Wallingford 12:30 PM The Midday Message (0,To) irst Congregational Church, 23 South Main Street Rear of building New Britain 5:30 PM (1 hour) Lifeline to Recovery (O.To.WC) St. Mark's Episcopal Church, 147 West Main St Portland 6:45 PM (1 hour 15 min) Norking the Steps (0,ST) Portland United Methodist Church, 381 Main Street During the first half of the meeting we write on our personal step work. During the second half of the meeting we have a step discussion out of the JFT South Windsor 6:45 PM Women Stepping Up (0.W.ST) Our Savior Lutheran Church, 293 Graham Road Main Level Rinomfield 7:00 PM New Bridge Over Troubled Waters (0,T,ST) First Congregational Church, 10 Wintonbury Ave. Meriden 7:00 PM Straight From the Hip (O.DC.To.W.WC.K.LC) Emmanuel Lutheran Church, 164 Hanover Street Middletown 7:00 PM (1 hour) Miracles on Oak (O.To.S.K) Open Door Missionary Baptist Church, 47 Oak St. Speaker on the last Monday of each month New Britain 7:00 PM (1 hour) Spring Into Recovery (0.S.K) St. John's Evangelical Lutheran Church, 295 Arch St # 303 Corner of Grand St. New Britain 7:00 PM (1 hour 15 min) Live and Let Live (O.CL.LGBT.RF.K) YMCA. 50 High Street New London 7:00 PM Clean and Serene (C,T,ST) St. James Episcopal Church, 76 Federal Street 7:00 PM Norwalk It Works, How & Why (C TWC STK) First Congregational Church, 3 Lewis St. Corner of Park St. 7:00 PM Shalton Just For Monday (0,BT,K) War Memorial Building, 695 Howe Ave. Rt. 110 Southington 7:00 PM Keep on Stepping (O.WC.ST) St. Paul's Episcopal Church, 145 Main St. 7:00 PM (1 hour 15 min) Stamford Becovery on the Hill (O .IFT) New Life Foundation, 41 Stillwater Avenue 7:00 PM (1 hour 15 min) Wallingford It's a Start (0,CL,IW) St. Paul's Episcopal Church, 65 North Main St.

Monday-continued

7:00 PM Meriden

7:30 PM Hartford

7:30 PM

7:30 PM

7:30 PM

Waterhurv

Torrington

7:30 PM Danielson

7.30 PM Danhury

7:30 PM Hartford

Basement

Old Lyme

7:30 PM

7:30 PM

Waterbury Unity Group (To.S) North End Recreational Center, 268 North Main St. Willimantic There is Hope (0.JFT) CCAR, 713 Main St Corner of Church St. 7:15 PM (1 hour 15 min) Carpe Diem (WC.ST) Torrington Steps for a New Beginning (0 BSTWC) First Congregational Church, 835 Riverside Avenue Branford Spiritual Thunder (0.To) First Baptist Church, 975 Main St. Bridgenor West Side Story (0,To,S,K) Bethel AME Church, 110 Grove St. Corner of Laurel St. Bristol Monday Night Miracles (0,To,S) Asbury United Methodist Church, 90 Church Ave. Forestville Danbury 12 Steps to Freedom (0.WC.ST) The Montessori School, 42 Shelter Rock Rd. Fast Hampton After the Weekend (O To WC K) Bethlehem Lutheran Church, 1 West High St. Corner of Rt. 66 and Main St. Speaker on the last Monday St. Mary's Church, 85 Pulaski Street of each month Recovery on the Hearth (O,To,S,WC,K) Open Hearth, 437 Sheldon St. Meriden No Mas (O To K) First Congregational Church, 62 Colony St. Middletown 7:30 PM (1 hour) Coming Alive (0,To,RF,S) St. Vincent dePaul Soup Kitchen, 617 Main St. Speaker on 1st Monday of the month More Will Be Revealed (0,BT,CL,To,S) United Presbyterian Church, 109 Seaside Ave. 7:30 PM (1 hour 15 min) East Haddam Now Havon Living Clean (O.LC) Church of the Redeemer, 185 Cold Spring Street New Haven How It Works (0,BT,IW,WC) Episcopal Church of St. Paul & St. James, 57 Olive St. Corner of Chapel St. Norwich Chelsea Group (O,BT) Park Congregational Church, 283 Broadway 7:30 PM (1 hour) Stafford Springs Hope Springs (0,To,JFT) United Methodist Church, 8 Church Street 7:30 PM (1 hour) Stafford Springs Clearview (O.CL.JFT) Johnson Memorial Hospital Wellness Center, 201 Chestnu Hill Rd Rt. 190 Waterbury Recovery in the East (O,RF) Saints Peter and Paul Church, 117 Southmayd Rd. Windsor Locks Locked in Recovery (0,IP,S) Congregational Church of Windsor Locks, 8 Main St. 7:45 PM (1 hour 15 min) Manchester A Gift Called Life (0,BT,WC)

Center Congregation Church, 11 Center St. 8:00 PM (1 hour 15 min) Higganum Stepping Free (0,S,WC,ST) St. James Church Parish Hall, 501 Killingworth Rd. Corner of Rt. 81 and Little City Rd.

Tuesday

8:30 AM (1 hour 15 min) Waterhury AM NA (0.IFTWC) Breaking the Chair First Congregational Church, 62 Colony St. North End Recreatio 7:00 PM New London 10:00 AM (1 hour) Wethersfield NA in the Day (O.BST.To.JFT.RF.K) Pure and Simple Huntington Street Baptist Church, 29 Washington Street United Methodist C 10:30 AM Williamantic Tuesday Night Car St. John's Episcopal Church, 16 Church St. CCAB 713 Main Str On The Green 12:00 PM No Other Way (0, Just Do It (O.To) Bolton United Meth United Methodist Church, 571 Farmington Ave. Route 44 7:30 PM Corner of South Whitney Bridgeport New Britain 12:00 PM (1 hour 15 min) Principles Before The Reach Within Group (O,DC,To) Golden Hill Methodi South Congregational Church - Hart Hall, 90 Main St Corner of Lafavette Corner of Arch St. **Bristol** New Haven 12:00 PM Stop-N-Recover ((Tuesday at Noon (O.WC.ST.K) Bristol Becovery Clu Episcopal Church of St. Paul & St. James, 57 Olive St. Fast Haven Corner of Chapel St. Outer Limits (0,To, East Hartford 6:00 PM Our Lady of Pompeii Wings of Freedom (0,To) Route 80 Pratt & Whitney Union Hall, 357 Main St. Hamden 6:00 PM (1 hour) Hone Without Dou Recovering Hearts (C.W.K.WD) Grace & St. Peter's F Hartford Entrance on Forest Ct. Women's Meeting 6:30 PM Get Clean or Die Trying (O,S) Moridar United Methodist Church, 9 Spring St. 7:30 PM New Britian 6:30 PM (1 hour) Women With Hope (0.To.S.W) South Congregational Church, 90 Main St. Hart Hall Speaker Last Tuesday of The Month 6:30 PM North Haven The Masks Have to Go (0,To) Montowese Baptist Church, 201 Quinnipiac Avenue 7:00 PM New Haven Starting Over (0,To,ST) Community of the Cross Church, 7 Madison Ave. 7:00 PM (1 hour 15 min) New Haven The Crossroads (O.RF.K) Two Wrasslin' Cats Cafe 374 Town St 7:00 PM New London Sisters Reaching Out (C,BST,W,WC) Tabor House, 184 Homestead Ave. 7:30 PM New Britain 7:00 PM (1 hour 15 min) Thru the Steps (0.S.T.ST) YMCA 50 High Street Jpstair conference room Tradition Speaker on the last Tuesday of each month 7:00 PM Never Alone, Never Again (O,To,LGBT,S,K) Triangle Community Center, 618 West Avenue Room B Parking behind building available. 7:00 PM (1 hour) North Congregation Living Clean Today (0,To,WC,LC) St. Ann's Episcopal Church, 82 Shore Road 7:00 PM

Plainville The Healing Starts Here (O,WC,ST,K) Church of Our Savior, 115 West Main St.

Portlan 7:00 PM Over The Wall (0,To,WC,K) ortland United Methodist Church, 381 Main St. Corner of Church St.

South Windsor 7:00 PM (1 hour 15 min) Point of Freedom (O.LC) Wapping Community Church, 1790 Ellington Road

Stamford 7:00 PM A Simple Solution (0,BST,JFT,T,K) Chester Addison Community Center, 245 Selleck Street

Tuesday-continued

sday-continued	Wednes
7:00 PM ins (C,To,K,HIV) onal Center, 268 North Main St. 7:00 PM (0,S,ST) thurch, 150 Prospect St. 7:00 PM (1 hour 15 min) ndlelight Meeting of NA (0,RF,WC) reat 7:30 PM (1 hour 15 min) To) nodist Church, 1041 Boston Turnpike	Westbrook 9:3 Three Steps Forward (0,BST) Westbrook Congregational Church Parlor New London NA in the Day (0,BST,To,JFT,RF Huntington Street Baptist Church, Middletown A New Awakening (0,JFT) Holy Trinity Church, 381 Main St. Bridgeport Same Meeting New Day (0,JFT) The Bessemer Center, 2200 North North
7:30 PM Personalities (0,ST) list Church, 210 Elm St. St.	Hartford 12:0 We Believe (0,To) Liberty Christian Church, 23 Vine S New Britain
7:30 PM (1 hour) (D,To,S,WC,ST,K) ub, 67 West St. 7:30 PM (S,WC,K) i Church, 355 Foxon Rd.	Genesis (0,To,T,ST,K) South Congregational Church - Ha Entrance thru courtyard in baseme New Haven High Noon (0,To,Pi) Episcopal Church of St. Paul & St.
7:30 PM (1 hour) pe (0,To,S,W,K) Episcopal Church, 2927 Dixwell Ave. 7:30 PM (1 hour)	Corner of Chapel St. Wallingford Midday Serenity (O,JFT,WC) First Congregational Church, 23 So Durham
ary (0) ial, 500 Blue Hills Ave 7:30 PM / (0,To,WC,K) Church, 164 Hanover St.	Stepping into Serenity (C,S,WC Church of the Epiphany, 196 Main Side Door Middletown Serenity Check (O,JFT,S,WC) Back Door Mission Baptist Church
7:30 PM s (0,To,WC,K) s Soup Kitchen, 615 Main St. 7:30 PM S,ST,K) trict Hall, 115 Welles Rd.	Speaker on the second Wednesda Danielson Finding the Way (0,BT,To,S,ST) Cornerstone Baptist Church, 247 E Newington
o,M,S,WC,K) 6 East St. 7:30 PM (1 hour) 7:30 PM (1 hour)	Freedom to Live (0,To) Church of Christ, 1075 Main St. 2nd Floor North Haven Miracles Happen (0,BT,T,WC,S
Group (0,BT,IW,ST) iz Club, 433 Chapel Street 7:30 PM (1 hour 15 min) 0,JFT) Church, 29 Huntington Street 7:30 PM (1 hour) eed (0,To,WC,K) il Church, 992 Main Street er on the last Tuesday of each month	Montowese Baptist Church, 201 C Bridgeport New Hope (0,To,S,WC) CCAR, 49 Cannon St. Courtyard - Rear Entrance Bristol Not Alone (0,To,S,WC,K) Bristol Baptist Church, 43 School S
/WC,K) 7:30 PM /WC,K) Congregational Church, 0 West Road Id Rd. 7:30 PM Voods (0,BT,To,K) North	New Britain Issues (0, To, K) McCullough Temple CME Church, New Haven Solutions for Sisters (0,W,ST) Yale Health Center, 55 Lock Street 4th fl. Conference room
8:00 PM (0,ST,K) uurch, 150 Dwight St. 8:00 PM (1 hour 15 min)),To,S,WC,K) urch, 124 Maple Hill Ave.	Norwalk By the Text (C,T) Miracle Temple, 2 Trinity Place Norwalk Road to Recovery (C,T,WC) First Congregational Church, 3 Lev Corner of Park St.
	Plainville The Steps Are the Key (0,ST) Plainville Congregational Church, Plainville The Healing Starts Here (0,To,) Our Lady of Mercy Parish Center, 1 Room 106

Wednesday 9:30 AM (1 hour 15 min) Plainville Church 1166 Boston Post Bd 10:00 AM (1 hour) Portland JFT,RF,K) hurch. 29 Washington Street 10:30 AM Shelton ain St. Bt 110 12:00 PM (1 hour) (0,JFT) Stamford North Ave. 12:00 PM (1 hour 15 min) Thomaston Vine Street 12:00 PM Vornon ch - Hart Hall, 56 Arch St basement 12:00 PM Wallingford I & St. James, 57 Olive St. Waterhury 1:00 PM (1 hour)

n, 23 South Main Street 5:30 PM (1 hour) (S,WC,ST) 6 Main St. 5:45 PM (1 hour) WC) Church, 47 Oak St. dnesdav of each month

6:30 PM S ST) . 247 Broad St. 6:30 PM

n St

6:30 PM (1 hour) WC.ST.K) . 201 Quinnipiac Ave.

Enfield

Fairfield

Hartford

Litchfield

Niantic

7:00 PM 7:00 PM , School St. 7:00 PM (1 hour)

hurch, 55 Chapman St. 7:00 PM

Street 7:00 PM (30 min) ace

7:00 PM n, 3 Lewis St. 7:00 PM (1 hour) 172 (hurch, 130 West Main Street

7:00 PM (0.To.WC.ST.K) enter, 19 South Canal St.

Wednesday-continued

7:00 PM Norwalk Brothers in Recovery (0 M S) Road to Recovery (C.JFT) Our Lady of Mercy Parish Center, 19 South Canal Street Room 107 (around back) Corner of Park St. 7:00 PM (1 hour) Norwich Living Clean (O,LC) Live the Steps or Die (0,IW,T) Trinity Episcopal Church, 345 Main Street Rt. 32 7:00 PM A View to Recovery (O To K) Rocky Hill The War is Over (0,To,S,K) War Memorial Building, 695 Howe Ave. Fellowshin House 7:00 PM A Simple Solution (0,BST,JFT,T,K) Waterhury lt's a Boy (0,JFT,M,S,K) Chester Addison Center, 245 Selleck St. Morris House, 26 North Elm Street 7:00 PM This Is Your Life (0,To,K,LC) Westerly Outer Limits (O.BT.S.K) The Covenent Church, 64 Grove Street 7:00 PM (1 hour 15 min) What a Way to Grow (0.WC.ST) United Methodist Church, 401 Hartford Turnpike Norwalk By the Text (0.To.JFT.S) 7:00 PM (1 hour 15 min) The Time is Now (C,ST) Church of the Nazarene, 26 Parker Farms Rd. 7:00 PM On The Green (O,To) Becovering Women (IP.IETSW) North End Recreational Center, 268 North Main St 7:30 PM (1 hour 15 min) North Haven Miracles Under the Stars (0, JFT, WC, LC) St. Marguerite Bourgeoys Church, 138 Candlewod Lake West Haver 7:30 PM (1 hour 15 min) Cromwell All About Change (O.To.WC.K) Bethany Lutheran Church 50 Court St 2nd Fl. Cafeteria Sneaker on the last Wednesday of each month Deep River 7:30 PM (1 hour) More Will Be Revealed (0, JFT, K) Deep River Congregational Church, 1 Church Street East Hartford 7:30 PM (1 hour) New London Between the Covers (0.BT.To.M.ST.K) South Congregational Church, 1301 Forbes St. 7:30 PM (1 hour) New Britain We Can Work It Out (0,ST) Within Reach (O.To) St. Patrick's Church, 64 Pearl St. 7:30 PM New Haven Free as an Eagle (O,To,S,K) Fairfield High School, 755 Melville Ave. Corner of Knapps Hwy. Corner of Chapel St. 7:30 PM Stamford Stepping Stones to Recovery (0, JFT) Spring Glen Church, 20 Glen Parkway Corner of Whitney Ave Hartford 7:30 PM New Birth (0,To,S) Metropolitan AME Zion Church, 2051 Main St. 7:30 PM Middletown Together We Can (0.JFT.WC.K) St. Michael's Church Annex, 23 South St. Mancheste 7:30 PM (1 hour) Canaai The Journey Continues (C,To) Manchester Hospital, 71 Haves St Conference Room D in basement Pilgrim House 7:30 PM Bridgenort Keep It Simple (0,To,JFT,K) Immanual Lutheran Church, 164 Hanover Street 7:30 PM (1 hour) Middletown **Bristo** Steppin' Thru It All (0,S,ST) Living Clean (O I C) Wesleyan University: Exley Science Center, 265 Church St. Woodhead Lounge - Parking Lot off Lawn Ave. New Haven 7:30 PM Danielson Over The Rainbow (0,BST,WC,K) Yale Building, 2 Howe Street Corner of Legion Ave. & Howe St. Hartford 7:30 PM Sound of Serenity (0, JFT, S) Niantic Community Church, 170 Pennsylvania Ave.

Wednesday-continued

7:30 PM (1 hour) First Congregational Church, 3 Lewis St. 7:30 PM Uncas on the Thames: SMHA Building, 401 W. Thames St. 7:30 PM Veterans Home & Hospital, 287 West St. 7:30 PM (1 hour 15 min) 7:30 PM Grace United Methodist Church, 10 Park Ave. Plainville Downstairs Speaker Last Wednesday of Each Month 7:45 PM (1 hour)

Miracle Temple, 2 Trinity Place Anniversarv/kevchain last Wednesdav of the Month 8:00 PM

rinity Episcopal Church, 1109 Main St. Speaker on the last Wednesdav of each month

8:00 PM Heaven Can Wait (O To M STK) Montowese Baptist Church, 201 Ouinnipiac Avenue

8:00 PM Over the Hump (O,BST,S,WC) VA Medical Center Bldg. 1, 950 Campbell Ave.

Thursday

10:00 AM (1 hour) NA in the Day (0,BST,To,JFT,RF,K) Huntington Street Baptist Church, 29 Washington Street 12:00 PM (1 hour)

South Congregational Church, 90 Main Street

Thursday Noon Outreach (O.To.WC.K) piscopal Church of St. Paul & St. James, 57 Olive St.

Serenity at Noon (0,BST,DC,WC) Inspirica, 141 Franklin St.

One O'Clock High (O,JFT,K) liberty Christian Church, 23 Vine St. Speaker on last Thursday of the month

No Joke on Oak (O, JFT, WC) Back Door Mission Baptist Church, 47 Oak St

Living Clean The Journey Continues (O,LC) ongregational Church, 30 Granite Avenue

East Side Story (O,LC) Golden Hill United Methodist Church. 210 Elm Street 7:00 PM (1 hour)

Inited Methodist Church, 99 Summer Street Speaker Last Thursday of The Month 7:00 PM

Get Clean or Die Trying (O,IG) United Methodist Church, 9 Spring St.

Survival Group (O.To.K)

Thursday-continued

7:00 PM (1 hour) Meriden Thursday Night Recovery (0.To.K) St. Rose Community Center, 34 Center Street

New Britain 7:00 PM (1 hour 15 min) Miracles on Arch (O.RF.S) South Church, 90 Main Street Arch Street Entrance

7:00 PM (1 hour 15 min) New Haven Living the Steps (0,S,SWG,ST) Christian Love Center, 154 Derby Avenue

Norwalk 7:00 PM (1 hour) There is Hope (O,ST) South Norwalk Community Center, 98 S. Main St. 2nd Floor

Old Saybrook 7:00 PM (1 hour) Steps on the Sound (O,ST) St. Paul Lutheran Church, 56 Great Hammock Rd, (Rt.154)

7:00 PM (1 hour 15 min) Making Headway (0,To,S,K) Congregational Church, 130 West Main St. 7:00 PM Prospect

The Ladder to Recovery (O,BST,DC,S,K) The Meeting Place, 30 Center Street Rockville

7:00 PM (1 hour) Wherever You Go, There You Are (0.To) United Methodist Church, 142 Grove St.

7:00 PM (1 hour 15 min) Naterhurv Stairway to Recovery (0,ST) Nest Main Behavioral Health Ctr., 88 Grandview Ave Basement

Danhurv 7:30 PM You're Never Alone (0.S.T.WC.ST) The Montessori School 42 Shelter Bock Bd

7:30 PM Glastonbury The Process is in the Book (0,ST) lastonbury United Methodist Church, 508 Manchester Rd. Rt 83

Guilford 7:30 PM (1 hour 15 min) The Lie is Dead (O.BT.ST) First Congregational Church of Guilford, 122 Broad Street

7:30 PM

7:30 PM Haddam Neck Whole Lava Love (C.CL.To) Haddam Neck Congregational Church, 408 Quarry Hill Rd.

Hartford Fresh Start (C, JFT, S)

7:30 PM (1 hour 15 min) Steppin' Up (0,BST,WC) St Vincent DePaul Soun Kitchen 615 Main St Speaker last Thursday of the Month

From Jail to Yale (0,To,WC) Yale-New Haven Hospital, 20 York St. Max Taffel Room

New Haven New Generation (0, JFT, WC, K) United Church Parish House, 323 Temple St

Seymour Thursday Night (0, JFT, K) United Methodist Church, 225 Great Hill Rd Rt. 188

Southinaton 7:30 PM (1 hour) The Sky is the Limit (0.To.S.WC.K) St. Paul's Episcopal Church, 145 Main St.

Torrington Progressive Recovery (O.To.K) St, Mary's Church, 85 Pulaski Street Entrance off of Forest Court

7:30 PM (1 hour 15 min) Uncasville Sesame Street (0,IW,S,WC,ST,K) Nohegan Congregational Church, 27 Church Lane

Thursday-continued

7:30 PM

Saugatuck Congregational Church, 245 Post Road East Rear Enterance, 2nd Floor, Room 206 8:00 PM (1 hour 15 min) West Haven

Westport

Survivors (0 To)

The Other Thursday Night (O,RF) First Baptist Church, 308 Center St Speaker on the last Thursday of each month

Fridav

Fnfield 10:00 AM (1 hour) Waking Up (0,BST,K) St. Patrick's Church, 64 Pearl St.

New London 10:00 AM (1 hour) NA in the Day (0,BST,To,JFT.RF.K) Huntington Street Baptist Church, 29 Washington Stree

Middletown 10:30 AM A New Awakening (0,T) Holy Trinity Church, 381 Main St.

12:00 PM Hartford Tower Power (O.LC) Northside Church of Christ, 187 Tower Avenue

New Britain 12:00 PM Genesis (O,To,T,ST,K) uth Congregational Church - Hart Hall, 56 Arch St Entrance thru courtvard in basement

New Haven 12:00 PN Right Step Into The Weekend (0.BST.To.WC) Episcopal Church of St. Paul & St. James, 57 Olive St. Corner of Chapel St.

Wallingford 12:30 PM (1 hour 15 min) Living Clean Midday (C,LC) First Congregational Church, 23 South Main Street

New Haver 6:30 PM (1 hour What's Your Solution? (0,FD) Elm City Phoenix Club, 56 S Wallace Street Entrance and Parking in REAR of building

Plainfield 6:30 PM Moose Tracks (O,RF.S) Moosun Methodist Church 11 Main Street Corner of RT 12 & 14

6:30 PM (1 hour) Westbrook Five & Dime (0,FD) St. Paul's Episcopal Church, 53 South Main St.

7:00 PM Bridgeport Stepping into the Traditions (0,T,WC,ST) CCAB 49 Cannon St Courtvard - Rear Entrance

Bristol 7:00 PM (1 hour) Friday Night Freedom (0,To,S,K) 7:30 PM United Methodist Church, 99 Summer St. Corner of Summer and Center

7:00 PM (1 hour 15 min) Hartford Pathway to Recovery (0,T,WC,ST,K) 7:30 PM St. Francis Hospital, 114 Woodland St. Chawla Auditorium 1st Floor

Norwalk 7:00 PM 7:30 PM Road to Recovery (C,JFT,T,WC,K) First Congregational Church, 3 Lewis St. Corner of Park St.

> Oakville 7:00 PM Just for Tonight (0,JFT,WC,K) All Saints Episcopal Church, 262 Main St.

Plainville 7:00 PM (1 hour 15 min) 7:30 PM Back To Basics (0.BT.CL.K) Plainville Congregational, 130 West Main Street

Portland 7:00 PM (1 hour 15 min) Stepping Into the Weekend (0,ST) Zion Lutheran Church, 183 Williams St.

Torrington 7:00 PM (1 hour) Freedom Isn't Free (0.M.S.K.LC) St. Mary's 85 Pulaski Street

Lava Lamp meeting 12:00 PM Open Hearth, 150 Charter Oak Ave. Middletown 12:00 PM (1 hour)

1.00 PM New Haven

5:45 PM (1 hour)

6:00 PM (1 hour)

7:00 PM

7:00 PM

Central Baptist Church, 457 Main St.

Addicts in Recove Mount Sinai Hospita

State of Recovery Immanuel Lutheran

Middletown New Perspectives St. Vincent DePaul's

Twilight Zone (O.S Old Mystic Fire Distr

Boys to Men (0.To MAAS Building, 426

Primary Purpose G The Elm City Phoenia

We Do Recover (O Huntington Baptist (

South Windsor Take What You Ne irst Congregational Downstairs Speaker

Winchester Free at Last (0.IW. Winchester Center (

Bt 263 and Newfiel Woodbury Recovery in the W

Rt. 6 and Rt. 47 New Haven Elm City Serenity

St. Paul's UAME Chu Newington Straight Ahead (0,

Grace Episcopal Chu

Friday-continued

7:00 PM Winsted More Good Times Ahead (0.IP.JFT.WC.K) Church of Christ, 800 Main St.

Danburv 7:30 PM Recovery Is Possible (0.To.WC) United Methodist Church, 5 Clapboard Bidge Bd 7:30 PM

East Hartford To Carry the Message (O.DC.To.S.WC.K) Faith Lutheran Church, 1120 Silver Lane Fellowship Hall

Guilford 7:30 PM Clean on The Green (O,JFT) St. George's Catholic Church, 33 Whitfield St Rear Entrance

Manchester 7:30 PM (1 hour 15 min) Seriously Seeking Recovery (0, JFT, S, WC, K) Manchester Memorial Hospital, 71 Havnes St. Middletown 7:30 PM

Pigs in Space (0,To,M,RF,S,WC.K) Church of The Holy Trinity, 381 Main Street

7:30 PM (1 hour 15 min) New London Miracles Happen Here (O,To,WC,K) St. Mary Star of the Sea Church, 10 Huntington St. Side Entrance

Norwich 7:30 PM (1 hour 15 min) H.O.W. Group (0.To.S) Uncas on the Thames: SMHA Building, 401 W. Thames St Rt. 32

Pawcatuck 7-30 PM Miracle Grow (0,To,ST) United Congregational Church, 9 Castle Hill Rd. Free for All on First Monday of each month

7:30 PM Portland Straight Lace (0.JFT.S.W.WC.K) Portland United Methodist Church, 381 Main St. Corner of Church St.

Shelton Victory in the Valley (0,To,S,WC,K) War Memorial Building, 695 Howe Ave

7:30 PM

8:00 PM

8:00 PM

Rt. 110 Southington 7:30 PM (1 hour) Top of the Hill (O.To.S.WC) Central Baptist Church, 246 Laning St

Suffield 7:30 PM (1 hour 15 min) WEcovery (0.To.JFT.S) First Church of Christ Congregational, 81 High St.

7:30 PM Wallingford Recovery on Track (O,To,S,WC) St. Paul's Episcopal Church, 65 North Main St.

7:30 PM (1 hour) West Hartford You're Right Where You're Supposed to Be (0,To) Elmwood Community Church, 26 Newington Rd. Speaker on Last Friday of Each Month

New Haven Fighting Back (O,To,S) St. Paul's UAME Church, 150 Dwight St.

Stamford Free Spirit (0.To.S.WC.GP) New Life House, 41 Stillwater Ave.

Middletown 10:00 PM (1 hour) Til' the Wheels Fall Off (O,RF) Faith Lutheran Church, 300 Washington St.

Basement - entrance around back

Saturdav

8:30 AM (1 hour 15 min) Milford The One Promise (O.JFT.K) St. Peter's Episcopal Church, 71 River S

8:30 AM (1 hour 15 min) Torrington Point of Freedom (O.BT.K) Sacred Heart Church, 116 Grove St

9:00 AM (1 hour) Danielson Morning Serenity (0.JFT) Westfield Congregational Church, 210 Main St.

Hartford 10:00 AM (1 hour 15 min) Walk the Walk, Talk the Talk (0,BST) nited Methodist Church, 571 Farmington Avenue

Hartford 10:00 AM (2 hours) The Intimate Step Meeting (C.ST) Mt. Sinai Hospital, 500 Blue Hills Avenue

10:00 AM (1 hour) Middletown Surrender to Win (O To S) Church of the Holy Trinity, 381 Main Street peaker on the last Saturday of each month

10:00 AM (1 hour 15 min) New Britain Saturday Morning Surrender (0,To,S) South Congregational Church - Hart Hall, 90 Main St Corner of Arch St. Speaker on the last Saturday of each

Meriden 10:30 AM The Morning After (0.BT.WC.K) Saint Rose Community Building, 34 Center St.

10:30 AM New Haven Second Time Around (0,To,S,K) St. Matthews U.F.W.B Church, 400 Dixwell Ave Robert J Gay Building, rear entrance, lower level

10:30 AM (1 hour 15 min) New London New Beginnings (O.BST.K) Huntington Bantist Church 29 Huntington St Meets in Fellowship Hall

Willimantic 10:30 AM (1 hour 15 min) Women Taking Steps (C,W,ST) Kingdom Life Church, 124 Union St.

Woodbridae 10:30 AM Southern Exposure (O,BT,T,K) Our Lady of the Assumption, 1700 Litchfield Turnpike

12:00 PM (1 hour) Norwalk Serenity on Saturday (0,BST,IP,JFT,S,K)

ast Avenue United Methodist Church 244 Fast Avenue Wallingford 1:00 PM (1 hour) Young Weekend Warriors (0,K,LC) Coalition for a Better Wallingford, 136 Center St

1:30 PM Hartford Home At Last (O To) Mount Sinai Hospital, 500 Blue Hills Ave.

5:00 PM New Haven Loud and Proud (O,To,LGBT,K) The Elm City Phoenix Club, 56 Wallace Street

5:30 PM New Haven Inner City Recovery (0, JETK) St. Paul's UAME Church, 150 Dwight St.

Speaker on the third Saturday of each month New Britain 6:00 PM (1 hour 15 min) High on Recovery (O,To,S,K) YMCA, 50 High St. 6:30 PM (1 hour) Norwalk

By the Text (C,BST) Miracle Temple, 2 Trinity Place Saturday-continued

Plainville

7:45nm

Ansonia

Bingo Hall

Fnfield

Meriden

Middletown

New Canaan

Back Entrance

New Haven

Voank

Norwalk

Oakville

Stamford

orrinaton

Waterhurv

Saturday-continued

6:30 PM (1 hour) Norwalk Trust the Dream (C.JFT.T) By the Text (C BT I C) irst Congregational Church, 130 West Main St. Speaker on the last Saturday of each month, ending at Middletown 7:00 PM Feeling Free (0,WC,K,LC) Line by Line Text Study Holy Rosary Church, 10 Father Salemi Drive Hartford Bridgeport Success Downtown (0.To.WC.K) 7:00 PM CCAB 49 Cannon St Courtvard - Rear Entrance 7:00 PM (1 hour Planet Recovery (C,ST,K) St. Patrick's Church, 64 Pearl St. 7:00 PM (1 hour) Saturday Night's All Right (0,BST,K) Immanuel Lutheran Church, 164 Hanover St. Bridgeport 7:00 PM Areyto, 665 Artic St. Saturday Night Sanity (0,To,S) 1st Floor Church of the Holy Trinity, 381 Main St. Speaker on the last Saturday of each month 7:00 PM Lost Then Found (0,To,WC) nited Methodist Church, 165 South Avenue New Haven 7:00 PM (1 hour) Die Hard Recovery (0.To.K) Bridgeport rinity Lutheran Church, 234 Orange St. Corner of Wall St - Basement 7:00 PN Grow With the Glow (0,CL,To) Noank Baptist Church, 18 Cathedral Heights North Branford 7.00 PM Hartford Keep It Simple (O.To.S.WC) North Branford Congregational, 1680 Foxon Bd Speaker on the First Saturday of each month 7:00 PM (1 hour Road to Recovery (C,S) First Congregational Church, 3 Lewis St. Corner of Park St. 7:00 PM It Works, How and Why (0,S,T,ST,K) Gateway Bible Church, 500 Buckingham St 7:00 PN Courage to Change (0,S) Chester Addison Community Center, 245 Selleck St. 7:00 PM The Elevator's Broken, Use the Steps (C,S,ST,K) rinity Episcopal Church, 220 Prospect St. 7:00 PM Saturday Night Survivors (0,BT) Zion Baptist Church, 137 Pearl St. 7:30 PM The Real Deal (O,To,S) Jnited Methodist Church, 5 Clapboard Ridge Rd.

Hartford 7:30 PM (1 hour 15 min) There's Hone For Today (O .IFT) Mt. Sinai Hospital, 490 Blue Hills Ave lower level cafeteria

7:30 PM (1 hour 15 min) Vernon Recovery East (0,To,WC,K) Sacred Heart Parish, 550 Hartford Turnpike Rte 30

7:45 PM (1 hour 15 min) Miracle Temple, 2 Trinity Place 8:00 PM (1 hour 15 min) Basically Lit Recovery (0,BT) Christ Lutheran Church, 300 Washington S 9:00 PM (1 hour) New Late Night (0.To.S) United Methodist Church, 571 Farmington Ave Corner of South Whitney Bag Meeting en español lunes 7:00 PN Recuperacion Enarreuto (0,BST,BT,To,ES,S) martes 7:00 PM (1 hour Unidos Otra Vez (O.To.ES.K) United Church Parish Hall, 323 Temple St. 7:30 PI Un Dia a la Vez (O.To.ES.S) . George's Catholic Church, 433 Park Ave.

miércoles

7:00 PM (1 hour 15 min) Los Quitaos (O,ES,WC,K) St. Augustine Church: 10 Campfield Ave

viernes

7:30 PM Bridgeport Un Dia a la Vez (O,To,ES,K) St. George's Catholic Church, 443 Park Ave,

SERENIDAD PLEGARIA

Dios, concédeme la serenidad para aceptar las cosas que no puedo cambiar. valor para cambiar las que puedo y sabiduría para reconocer la diferencia.

SÓLO POR HOY

Puedes decirte: SÓLO POR HOY pensaré en mi recuperación viviendo y disfrutando la vida sin consumir drogas. SÓLO POR HOY confiaré en alguien de NA que crea en mí y quiera ayudarme en mi recuperación. SÓLO POR HOY tendré un programa y trataré de seguirlo lo mejor que pueda SÓLO POR HOY a través de NA intentaré tener una mejor perspectiva de mi vida. SÓLO POR HOY no tendré miedo, pensaré en mis nuevas amistades, gente que no consume y que ha encontrado un nuevo modo de vivir. Mientras siga este camino no tengo nada que temer.

Mobile Meetings

Mobile Meetings are for ill or disabled addicts. Please call 800-627-3543 and follow prompts for Mobile Meetings.

PHONE NUMBERS

THE TWELVE STEPS OF NA

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.

2. We came to believe that a Power greater than ourselves could restore us to sanity.

We made a decision to turn our will and our lives over to the care of God as we understood Him.

We made a searching and fearless moral inventory of ourselves. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

We were entirely ready to have God remove all these defects of character

We humbly asked Him to remove our shortcomings.

We made a list of all persons we had harmed, and became willing to make amends to them all.

We made direct amends to such people wherever possible. except when to do so would injure them or others.

10. We continued to take personal inventory and when we were wrong promptly admitted it.

We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

SERENITY PRAYER

God, grant me the serenity to accept the things I cannot change, The courage to change the things I can, And the wisdom to know the difference

"My gratitude speaks . . . when I care and when I share with others the NA way"

JUST FOR TODAY

Tell yourself:

- JUST FOR TODAY my thoughts will be on my recovery, living and enjoying life without the use of drugs.
- JUST FOR TODAY I will have faith in someone in NA who believes in me and wants to help me in my recovery.
- JUST FOR TODAY I will have a program. I will try to follow it to the best of my ability.
- JUST FOR TODAY through NA I will try to get a better perspective on my life.

JUST FOR TODAY I will be unafraid, my thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way, I have nothing to fear.

CONNECTICUT REGIONAL SERVICE COMMITTEE

P.O. Box 1817

Meriden, CT 06450

NEIGHBORING AREAS HELPLINE NUMBERS

Greater New York Region	212-929-6262
Berkshire County Area	413-443-4377
Free Spirit Area (Southern RI)	401-461-1110
New England Region (MA and Northern RI)	866-624-3578
ABCD Region (Albany, NY)	888-399-5519

THE TWELVE TRADITIONS OF NA

- 1. Our common welfare should come first; personal recovery depends on NA unity.
- 2. For our group purpose there is but one ultimate authority-a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
- 3. The only requirement for membership is a desire to stop using.
- 4. Each group should be autonomous except in matters affecting other groups or NA as a whole.
- 5. Each group has but one primary purpose-to carry the message to the addict who still suffers.
- 6. An NA Group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise. lest problems of money, property or prestige divert us from our primary purpose.
- 7. Every NA Group ought to be fully self-supporting, declining outside contributions.
- 8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
- 9. NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
- 10. Narcotics Anonymous has no opinion on outside issues: hence the NA name ought never be drawn into public controversy.
- 11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
- 12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

CONNECTICUT REGION MEETING SCHEDULE



NARCOTICS **ANONYMOUS**

JUNE 2017 REGIONAL PHONE LINE 1-800-627-3543

To order NA schedules write to: **CTRSC Schedules** P.O. Box 2572 Middletown, CT 06457

www.ctna.org